



A perfect mix of exercise and excitement at St. Michael's School!

Zumba® Kids and Zumba® Kids Jr. fitness classes are rocking dance parties packed with specially choreographed, age-appropriate routines. Students will love moving to the high-energy music, which includes hip-hop, reggaeton, cumbia, and more. This course has many positive effects like how Zumba® increases focus, builds self-confidence, boosts metabolism, and enhances coordination. Zumba® Kids and Zumba® Kids Jr. inspire students to express themselves through movement and play while effectively improving their overall health and well-being.



\$216
per student


K-5

Times and Dates:

Friday

3:10pm – 4:10pm

Aug 21, 28

Sep 04, 11, 18, 25

Oct 02, 09, 23, 30

Nov 13, 20



To sign up, visit:

www.nexploreusa.com/register-your-child

- 1.) Select your state.
- 2.) Choose your school.
- 3.) Find the program and click "Register."

Nexplore's mission is to foster the Joy of Learning through enrichment opportunities so that all children may discover and explore a passion that drives them to excellence.

For more information, or to view our other programs, visit www.nexploreusa.com or call 1-844-JOY-NEXT